

WHO ARE YOU WALKING FOR?

parkinson SOCIETY
SOUTHWESTERN
ONTARIO

Participate

Go to walkforpd.ca and register today!

Form a Team

Form a Family & Friends or Corporate Team! Remember you don't have to walk together to be a team. Please ensure you are following COVID19 public health regulations.

Collect Pledges

Collect pledges online at walkforpd.ca or in person using this pledge form or a combination of both.

Volunteer

Contact Jessica Halls at 1-888-851-7376 or jessica.halls@parkinsonsociety.ca to volunteer.

Planning to attend in person?

This year will be a walk in style event. Come to your nearest walk location, register and walk during the time that works best for you between the hours provided. Volunteers will be set up and excited to welcome you! Please ensure you are following all local COVID-19 public health regulations to ensure the safety of everyone.

Unable to attend a walk and still want to participate?

Register at walkforpd.ca and collect pledges online or use this paper pledge form and send a completed form and cheques to Parkinson Society Southwestern Ontario then, get creative! Walk around your local park, take your dog for a walk around the block or even participate from the comfort of your home with steps around the house or a trip out to the mailbox. How you choose to participate is completely up to you!

REGISTER TODAY*

walkforpd.ca | 1-888-851-7376

*In person walks are subject to local public health regulations

SATURDAY, SEPTEMBER 11, 2021

Brantford-Brant County - Mohawk Park

Register & Walk anytime between 1:00pm and 3:00pm

Goderich and Grand Bend - TBD

Register & Walk anytime between 10:00am and 12:00pm

London and District - Springbank Gardens

Register & Walk anytime between 10:30am and 1:30pm

Wellington-Dufferin - Centre Wellington Sportsplex

Register & Walk anytime between 10:00am and 12:00pm

South Grey Bruce and Hanover - Hanover Town Park

Register & Walk anytime between 8:30am and 11:00am

Stratford and Area - Upper Queen's Park

Register & Walk anytime between 9:00am and 11:00am

Waterloo Region - Kiwanis Park

Register & Walk anytime between 9:30am and 12:30pm

SUNDAY, SEPTEMBER 12, 2021

Chatham-Kent - Kingston Park

Register & Walk anytime between 12:00pm and 2:00pm

Owen Sound - Bayshore Community Complex

Register & Walk anytime between 1:00pm and 3:00pm

Oxford County - South Gate Centre

Register & Walk anytime between 1:00pm and 3:00pm

Port Elgin, Kincardine and Area - North Shore Park, Saugeen Shores

Register & Walk anytime between 1:00pm and 3:00pm

Sarnia-Lambton - Canatara Park

Register & Walk anytime between 1:00pm and 3:00pm

Windsor-Essex - Malden Park (Malden Road entrance)

Register & Walk anytime between 12:00pm and 3:00pm



SEPTEMBER
11TH & 12TH

walkforpd.ca

[f ParkinsonSocietySWO](#) [@ Parkinsonswo](#)

Who Are You Walking For?

A diagnosis of Parkinson's and the words 'no cure' can lead to personal crisis. While every person's journey with Parkinson's is unique, all struggle with the stigma and challenges of daily living with this neurological condition. The medical issues are complicated enough. But people often have difficulty finding the support they so urgently need.

Thanks to your efforts at Walk for Parkinson's, Parkinson Society Southwestern Ontario is able to provide services such as Getting Connected, Newly Diagnosed Series, counseling and the Parkinson's Music choir just to name a few. We are also funding local research including the Graduate Student Scholarship Program that encourages young scientists to enter the field of Parkinson's research.

For more information about Parkinson's and the services we provide, visit parkinsonsociety.ca, email info@parkinsonsociety.ca or call 1-888-851-7376.



Parkinson Society Southwestern Ontario
123-4096 Meadowbrook Dr., London, Ontario N6L 1G4

Last Name: _____ First Name: _____ Walk Location: _____
Address: _____ City: _____ Province: _____ Postal Code: _____
Phone: _____ Email: _____ Birth Year: _____

Do you have Parkinson's? ☐ Yes ☐ No ☐ I'm part of a Team. Team Name: _____

How did you hear about the walk? ☐ Family/Friend ☐ Website ☐ Social Media ☐ Radio ☐ TV ☐ Newspaper ☐ Other: _____

Please make cheques payable to: Parkinson Society Southwestern Ontario. Tax receipts will be issued for pledges of \$20 or more, by February 28th, 2021. Charitable Registration Number: 83130 2708 RR0001

Office Use	Name	Street Address	City	Prov	Postal Code	Phone	Cash/ Cheque	Pledge
		(Required)						
							<input type="checkbox"/> Cash <input type="checkbox"/> Cheque	\$
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THANK YOU FOR YOUR SUPPORT!							In-Person Total:	\$
For more information, visit walkforpd.ca or call 1-888-851-7376.							Online Total:	\$
							Total Collected:	\$

All participants are obligated to self screen for COVID-19 symptoms on walk day and abide by municipal COVID-19 health regulations in your walk community. I acknowledge that my participation in Parkinson Society Southwestern Ontario's WALK for Parkinson's is at my own risk. If in doubt, I will check with my own physician. I hereby release, waive and forever discharge liability for any and all claims against Parkinson Society Southwestern Ontario (PSSO) and their respective officials and partners, for personal injury, death or property damage resulting from my participation in WALK for Parkinson's September 2021 on behalf of myself, my heirs, executors and administrators. I consent to the publication and/or other use of my name, voice, photograph or other likeness without further notice or compensation in any publicity or advertisement carried out by PSSO in any manner whatsoever, including print, broadcast or the Internet. By signing below, I confirm that I have carefully read this Release and Consent and fully understand and agree to its contents.

Signature of participant

Signature of guardian if
under 18 years of age

Date

Page ____ of ____