

# YOGA

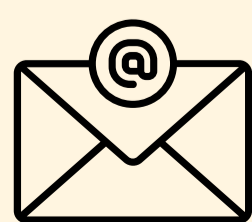
## FOR PARKINSON'S DISEASE



*Inquire about our 8 Week Gentle Yoga Classes for individuals with Parkinson's Disease and their caregivers*



FOR MORE INFORMATION CONTACT THE  
**ADULT RECREATION THERAPY CENTRE (ARTC)**  
LOCATED IN BRANTFORD



[admin@artc.ca](mailto:admin@artc.ca)



519-753-1882 Ext. 113