

Tango For People with Parkinson's and other people too

**Tuesdays at 6pm – 730pm starting Feb 24th
University of Guelph ImprovLab (MCKN 108)**

Curious about this social dance from Argentina?

Did you know that dancing tango is associated with better brain health?

Come explore with Rebecca Barnstaple, long-time tango experimentalist!

Learn the basics of Argentine Tango with a focus on improvisation, expression, and discovery.

Suitable for all levels – people with Parkinson's and their friends particularly welcome.

No shoes, partner, or special equipment required 😊

Questions? Contact Rebecca at rbarnsta@uoguelph.ca

No charge, but registration is recommended –

<https://docs.google.com/forms/d/e/1FAIpQLSeicHIVkOzl6F-ZQQiL3In-HAfBJZGD-v7PEZI2wa9rW260Cg/viewform>